



VITALITY CORNER

THE VITALITY PHILOSOPHY IS BASED ON GREAT-TASTING FOOD AND BEVERAGES THAT DELIVERS REAL HEALTH BENEFITS. WHEREVER YOU SEE THIS SYMBOL YOU CAN BE ASSURED THAT THE DISH IS A HEALTHIER CHOICE, MADE WITH INGREDIENTS THAT ARE NUTRITIOUS AND NATURAL, AND THAT IT IS LOWER IN CALORIES, SALT AND SUGAR... WITHOUT COMPROMISING ON TASTE.

The Vitality Philosophy creates healthier dishes and drinks that are natural, nutritious and flavoursome for a sense of wellbeing, energy and life

For your convenience we have added next to each menu item, numbers representing allergen information. For numbers explanation please refer to the last page.

In our kitchens we handle allergens, trace elements of which may be passed to other foods. Please inform our staff for any allergic reaction.


REFRESHMENTS & MINERALS

FRUIT JUICES 25cl	€3.00
Orange, pineapple, cranberry, peach, apple, tomato, grapefruit	
FRESH ORANGE JUICE 44CL	€5.50
SOFT DRINKS 25cl	€3.00
Cola, Cola light, lemonade, orangeade, ginger ale, tonic water, soda water, bitter lemon	
MIXERS	€1.50
Cola, Cola light, lemonade, orangeade, ginger ale, tonic water, soda water, bitter lemon, fruit juices	
ICE TEA 44cl	€3.50
Homemade ice tea. Ask for your favorite flavour	
MILKSHAKE 44cl (7)	€5.50
Chocolate, strawberry, banana, vanilla	
PERRIER 33cl	€3.80
STILL MINERAL WATER 50cl	€2.00
STILL MINERAL WATER 100cl	€3.00
RED BULL 25cl	€4.50

SMOOTHIES



TROPICAL SECRET	€7.00
Banana, pineapple, melon and grenadine blended with apple juice	
STRAWBERRY REFRESHER	€7.00
Strawberries and banana blended with apple juice	
PINEAPPLE DREAM	€7.00
Pineapple and melon blended with pineapple juice	
FOREST DREAM	€7.00
Mixed forest fruits blended with cranberry juice and honey	
KING TROPICAL	€7.00
Strawberries, kiwi and banana blended with pineapple juice and blackcurrant squash	
BERRIES HEAVEN (7)	€7.00
Berries and banana blended with honey and milk	

 The Vitality Philosophy creates healthier dishes that are natural, nutritious and flavoursome for a sense of wellbeing, energy and life.

Numbers represent allergen information. For explanation please refer to the last page.

Above prices are in Euro and inclusive of all applicable taxes and service fees.

COFFEE BEAN CORNER

DID YOU KNOW THAT COFFEE IN MODERATION IMPROVES CHOLESTEROL HEALTH, AS WELL AS LOWERING THE RISKS OF HEART DISEASE?

THE ICE & COLDS

Ice Coffee Frappe (7)	€4.50
Espresso Freddo	€4.50
Cappuccino Freddo (7)	€4.50
Iced caramel Caffé Latte (7)	€5.00
Iced Latte (7)	€4.50

COFFEE BEAN EXTRACTS

Espresso	€3.50
Doppio	€4.50
Americano	€4.00
Cappuccino (7)	€4.50
Caffé Latte (7)	€4.50

CLASSIC COFFEES

Filter Coffee	€4.00
Instant Coffee	€4.00
Instant Decaffeinated Coffee	€4.00
Cyprus Coffee	€3.00

HOT CHOCOLATES

Classic Hot Chocolate (7)	€4.50
---------------------------	-------

TEA SELECTION

ENGLISH BREAKFAST, EARL GREY, GREEN TEA	€4.00
--	-------

HERBAL TEAS & INFUSIONS JASMINE, MINT, CHAMOMILE	€4.00
---	-------

BEER CHALLENGE

ISLAND'S BREW

DRAUGHT (1, 14)

Keo 28cl	€3.50
Carlsberg 28cl	€3.50
Keo 56cl	€4.50
Carlsberg 56cl	€4.50

BY BOTTLE (1, 14)

Keo 33cl	€4.00
Carlsberg 33cl	€4.00

IMPORTED BEER (1, 14)

Heineken 33cl	€5.50
Budweiser 33cl	€5.50
Corona 33cl	€6.50
Erdinger 33cl	€6.50
Asahi dry 33cl	€6.50
Guinness 44cl	€7.00

CIDER

Strongbow 33cl (British Dry)	€5.50
Somersby 33cl (Apple)	€6.00
Kopparberg 33cl (Strawberry & Lime)	€7.00

ROMANCING THE WINE

HOUSE WINE BY THE GLASS 18cl (4, 14) Selection of white (medium sweet, dry), rosé dry and red dry	€5.00
---	-------

COMMANDARIA 5cl (4, 14)	€5.00
-------------------------	-------

SPARKLING WINE BY THE GLASS (4, 14) N/V House Sparkling Wine, dry	€6.50
--	-------

Please refer to our wine list for further options

Numbers represent allergen information. For explanation please refer to the last page.

Above prices are in Euro and inclusive of all applicable taxes and service fees.

SPIRITS

VODKA 4cl

Smirnoff Vodka (Russia)	€5.50
Grey Goose (France)	€8.50

GIN 4cl

Gordons Gin (UK)	€5.50
Bombay Sapphire (UK)	€6.00
Hendrick's (Scotland)	€9.00

TEQUILA 4cl

Jose Cuervo Tequila Silver	€5.50
----------------------------	-------

RUM 4cl

Bacardi Rum (Puerto Rico)	€5.50
Captain Morgan Spiced (Jamaica)	€5.50
Captain Morgan Dark (Jamaica)	€6.00

BRANDY 4cl

Cyprus Brandy V.S.O.P.	€4.00
------------------------	-------

APERITIFS 4cl

Martini (dry, bianco, rosso)	€4.50
Ouzo Plomariou	€5.00
Aperol	€5.50
Campari	€5.50

BLENDED WHISKIES 4cl

Bell's Whisky (I)	€5.50
Famous Grouse Whisky (I)	€5.50

AMERICAN WHISKY 4cl

Jack Daniel's (Tennessee) (I)	€6.50
-------------------------------	-------

IRISH WHISKY 4cl

Jameson Irish (I)	€6.50
-------------------	-------

LIQUEURS 4cl

Malibu	€6.00
Baileys (7)	€6.50
Amaretto Di Saronno (10)	€6.50

NON-ALCOHOLIC COCKTAILS

CINDERELLA €5.50

Orange and pineapple juice mixed with lemon squash and grenadine, topped with soda water

VIRGIN MOJITO €5.50

Fresh lime mixed with mint leaves, simple syrup, topped with soda

VIRGIN COLADA (7) €5.50

Coconut purée shaken with pineapple juice

CARIBBEAN PUNCH €5.50

Pineapple and cranberry juice mixed with orange and lime juice

FROZEN ADDICTION (7) €5.50

Passion fruit purée blended with banana and milk

COCKTAILS GIMME THE BUBBLES!!!

KIR ROYAL (4, 14) €6.50

Sparkling wine, crème de cassis

BELLINI (4, 14) €6.50

Sparkling wine, peach juice

BUCKS FIZZ (4, 14) €6.90

Sparkling wine, orange juice

HUGO (4, 14) €7.50

Sparkling wine, fresh mint, elderflower syrup, lime wedge

APEROL SPRITZ (4, 14) €8.00

Aperol, sparkling wine, soda

SPARKLING LOVE (4, 14) €7.50

Sparkling wine, strawberry liqueur, cranberry juice and strawberry purée

P.S MARTINI (1, 4, 14) €8.50

Vanilla vodka, Passoa, passion fruit purée, fresh lime, served with sparkling wine on the side

Numbers represent allergen information. For explanation please refer to the last page.

Above prices are in Euro and inclusive of all applicable taxes and service fees.

STRAIGHT FROM THE CARIBBEAN

- MAI TAI (1, 10)** €8.00
Bacardi rum, Bacardi Oakheart rum, Triple Sec, fresh lime, almond syrup, orange juice
- PINA COLADA (1)** €8.00
Bacardi rum blended with coconut purée, pineapple juice and coconut liqueur
- RUM RUNNER (1)** €7.50
Bacardi rum, cherry brandy and banana liqueur mixed with orange, pineapple juice and a dash of grenadine
- MOJITO** €8.00
Bacardi rum, fresh lime, fresh mint and sugar syrup, topped with soda water
- FROZEN DAIQUIRI (CHOICE OF STRAWBERRY, MANGO, PASSION FRUIT, PINEAPPLE, RASPBERRY)** €8.50
Bacardi rum, fresh lime and your choice of flavored purée
- ZOMBIE (10)** €10.00
Captain Morgan spiced rum, Falernum, orange juice, pineapple juice, fresh lime, grenadine, Angostura bitters, and drops of Absinth
- FROZEN IN CUBA** €8.00
Bacardi rum blended with fresh mint, apple purée and fresh lime juice
- PAINKILLER (7)** €8.00
Captain Morgan dark rum, mixed with pineapple and orange juice, coconut cream and fresh nutmeg
- ULTIMATE FROZEN PINA COLADA (7)** €12.00
Bacardi rum blended with fresh pineapple, pineapple juice, coconut liqueur served in a fresh pineapple
- MAI TIKI (10)** €8.00
A combination of Captain Morgan, Amaretto, orange and pineapple juice topped with grenadine

Numbers represent allergen information. For explanation please refer to the last page.

Above prices are in Euro and inclusive of all applicable taxes and service fees.

KANIKA SIGNATURES & CYPRUS FAVOURITES

- 50 SHADES** €8.00
Vodka shaken with Aperol, apple juice and passion fruit purée
- PASSIONATE ALEXANDER** €8.00
Absolut Vanilla vodka, Passoa liqueur, passion fruit purée, fresh lemon juice
- MASTIHA ADDICTION** €7.00
Lemon Mastiha muddled with fresh apple, fresh ginger and fresh lemon juice
- KANIKA SANGRIA (14)** €7.00
Homemade sangria made with red wine and mixed with aromatic spices and fruits
- FROZEN LAVA FLOW (7)** €8.00
Bacardi rum blended with coconut purée and cream, mixed with strawberry purée
- ZIVARINHA** €8.00
Zivania, passion fruit purée, lime juice
- RED IS HOT** €7.50
Zivania Red mixed with strawberry purée, red berries, topped up with ginger ale
- BRANDY SOUR** €6.50
Brandy mixed with lemon squash and Angostura bitters, topped with soda water
- ALEXANDER'S OUZO SPECIAL** €6.50
Ouzo, Triple Sec, lemon squash, grenadine, soda water
- PIMM'S NOI** €8.00
Pimms, lemonade strawberry purée
- AMARETTO SOUR (4, 10)** €8.00
Amaretto, fresh lemon juice, sugar syrup, albumnia

CLASSIC CORNER

- NEGRONI** €8.50
Gordon's dry gin, Campari, Martini Rosso
- GIN FIZZ (1)** €7.50
Gordon's dry gin mixed with fresh lemon juice, sugar syrup and soda water
- COSMOPOLITAN** €8.00
Absolut Citron and Triple Sec shaken with cranberry juice and a dash of lime juice
- BLOODY MARY (2)** €7.50
Smirnoff vodka mixed with tomato juice, lemon juice and spices
- CLASSIC MARGARITA** €8.00
Jose Cuervo tequila and Triple Sec shaken with fresh lemon juice and agave syrup

Numbers represent allergen information. For explanation please refer to the last page.

Above prices are in Euro and inclusive of all applicable taxes and service fees.

APPETIZERS

TRADITIONAL CYPRUS DIPS (1, 5, 7, 12, 14) €6.00

Selection of Cyprus dips served with pita bread

MEXICAN DIPS (1, 7) €7.00

Selection of Mexican dips served with nachos

SALADS

TRADITIONAL GREEK SALAD (1, 7, 9, 12) €9.50

Tomato, cucumber, green pepper, Feta cheese, red onion rings, black olives, croutons, oregano, olive oil and lemon dressing

 **ROCKET PARMESAN SALAD (7, 10, 14) €12.50**

Rocket leaves, Parmesan flakes, pine nuts, sun dried tomatoes, cherry tomatoes and balsamic vinaigrette

 **SPRING SALAD (10, 14) €9.50**

Assorted greens, fresh mango, pomegranate, walnuts, light vinaigrette

CAESAR SALAD WITH CHICKEN €12.50

(1, 4, 5, 7, 9, 12, 14)

Iceberg lettuce, garlic croutons, bacon bits, parmesan flakes, cherry tomatoes and Caesar dressing

SMOKED SALMON SALAD (5, 14) €14.00

Smoked salmon with avocado, crispy greens, caper pearls, cherry tomatoes, bell peppers and French dressing

PRAWN SALAD (1, 3, 4, 14) €14.00

Breaded prawns salad with kale and baby spinach, drizzled with spicy caramelized peach dressing

COLD WRAPS

 **VITALITY WRAP (1, 7, 9) €9.00**

Grilled vegetables with avocado, orange cheddar cheese, cilantro and tomato salsa wrapped in Tortilla pitta served with sour cream

SMOKED SALMON WRAP (1, 5, 7, 9) €12.00

Smoked salmon with cream cheese, rocket leaves wrapped in Tortilla pitta served with guacamole

Note: All wraps served with tortilla chips

CLASSIC HOT SNACKS

HAM AND CHEESE (1, 7) €9.00

Triple Decker ham and cheese in toasted white bread

HALLOUMI IN PITTA (1, 7, 9) €10.50

Fresh traditional halloumi cheese with tomatoes in Pita bread

KANIKA CLUB SANDWICH (1, 4, 7, 9) €11.00

Triple Decker with streaky bacon, fried egg, slices of cheese and chicken breast combined with lettuce and mayonnaise

CHICKEN & BACON SANDWICH €11.00

(1, 4, 7, 9, 14)

Grilled chicken, bacon strips, tomato and lettuce with a lightly spicy sauce in Ciabatta bread

HOMEMADE BEEF OR CHICKEN BURGER €12.50

(1, 4, 7, 12, 13, 14)

Choice of Halloumi, Edam or Cheddar cheese, grilled streaky bacon, fried egg, fried onions

CHICKEN FAJITAS WRAP (1, 7) €11.00

The original chicken wrap with vegetables, orange cheddar cheese and sour cream served with spicy sauce

BEEF GYROS (1, 7) €10.50

Beef gyros in Pita bread served with tzatziki dip

Note: All Sandwiches and Burgers are served with French fries and side salad

Numbers represent allergen information. For explanation please refer to the last page.

Above prices are in Euro and inclusive of all applicable taxes and service fees.

CHILDREN'S MENU

LION KING TOASTED SANDWICH (1, 7, 9, 14)	€5.50
PLAIN BEEF BURGER (1, 4, 7, 12, 14)	€5.00
CHEESEBURGER (1, 4, 7, 12, 14)	€5.50
CHICKEN NUGGETS WITH HONEY MUSTARD SAUCE (1, 2, 4, 9, 14)	€5.50
KIDS FISH & CHIPS SERVED WITH HONEY MUSTARD (1, 4, 5, 7, 9)	€7.00

SIDE DISHES

GRILLED VEGETABLES	€3.50
HERBED POTATO WEDGES (2)	€3.50
FRENCH FRIES	€3.50
ONION RINGS WITH SRIRACHA MAYO DIP (1, 4, 9, 14)	€5.00

DESSERTS

RASPBERRY BAKED CHEESE CAKE (1, 4, 7) Served with vanilla ice cream	€7.00
HOMEMADE APPLE CRUMBLE (1, 4, 7, 10) Served with vanilla ice-cream	€5.50
TIRAMISU (1, 4, 7, 14) Classic espresso tiramisu with mascarpone cheese	€5.50
FUDGE CHOCOLATE CAKE (1, 4, 7, 10) Served with strawberry ice cream	€6.00
KANIKA BANANA SPLIT (7, 10) A new image of the classic banana split recipe	€7.50

ALLERGEN INFORMATION LIST

 1. GLUTEN*	 6. LUPIN	 11. PEANUTS
 2. CELERY	 7. MILK	 12. SESAME SEED
 3. CRUSTACEANS	 8. MOLLUSCS	 13. SOYA
 4. EGGS	 9. MUSTARD	 14. SULPHUR DIOXIDE
 5. FISH	 10. NUTS**	

*WHEAT, RYE, BARLEY, OATS.

** ALMONDS, HAZELNUTS, WALNUTS, CASHEWS, PECAN NUTS, BRAZIL NUTS, PISTACHIO NUTS, MACADAMIA OR QUEENSLAND NUT.

In our kitchens we handle allergens, trace elements of which may be passed to other foods. Please inform our staff for any allergic reaction.